



Do I smell birthday cake?

Celebrations:

Wendy B - 7 years Jan 2

Marvin T - 20 years Jan 6

Willie - 2 years Jan 9

John C - 9 years Jan 19

Patrick H - 2 years Jan 23

Ron D - 6 years Jan 31

CELEBRATE RECOVERY
the freedom and healing
you have been looking for



Split the people, and they are weak.
Connet the people, and they are strong.
Together we can do anything.

Gitte Falkenberg

**SUDBURY AREA SERVICE COMMITTEE OF
NARCOTICS ANONYMOUS**

- Area Chair → Sean A.
- Vice Chair → OPEN
- Area Treasurer → Dave. C.
- Area Vice-Treasurer → Greg Z.
- Area Secretary → OPEN
- ASCR → Jeff R.
- Alt. ASCR → Cathy D
- RCM → Rob T.
- Alt. RCM → Diane L

SUB-COMMITTEE CHAIRPERSONS

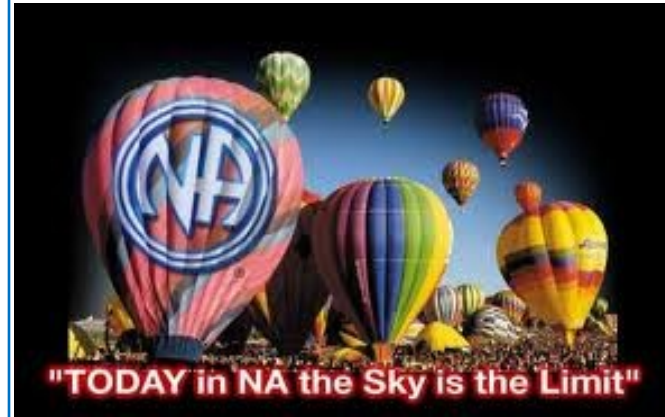
- H&I Chair → Rob G.
- Campout Chair → Leanne P.
- Literature Chair → Jeff R.
- P&I Chair → Diane L.
- Activities Chair → Mike C.
- Newsletter Chair → Danielle M.
- P&P Chair → OPEN
- Speaker Jam → Rob T.

This newsletter is also available at
www.sudburyareana.com

Recovery Rocks Newsletter

January 2012

Volume 7



The Recovery Rocks Newsletter is published by the Sudbury Area Sub-Committee. The views expressed are those of the editors and not those of Narcotics Anonymous.

A word from the Editor:

Hi family, I hope everyone had a safe and happy new year :) One day at a time we can get through anything. Love, laughter and happiness are my focuses in Recovery this year, I'm so blessed to have found a home here in Narcotics Anonymous,
with love, Danielle :)

The Sudbury Area Service Committee is held on the last Saturday of every month at the Salvation Army. There is no clean time requirement, just a heartbeat and a willingness to serve! Come be a part of Narcotics Anonymous!

to be inspired is great,
to inspire is incredible

Knots Prayer

Dear God:
Please untie the knots
that are in my mind,
my heart and my life.
Remove the have nots,
the can nots and the do nots
that I have in my mind.

Erase the will nots,
may nots,
might nots that may find
a home in my heart.

Release me from the could nots,
would nots and
should nots that obstruct my life.

And most of all,
Dear God,
I ask that you remove from my mind,
my heart and my life all of the am nots
I have allowed to hold me back,
especially the thought
that I am not good enough.
Amen

Author Known To God



◆ Campout Logo Contest :

If you have a creative side let it show!! Don't forget that it's a surprise so seal it in an envelope & Give your Logo design to anyone on the Campout Committee by February 1st 2012 . If your logo is chosen you will WIN A week of free registration at campout and 1 piece of merchandise of your choice!!

- ◆ **New merchandise** is now available, see NA world website for pictures and Jeff R at the next area to order
- ◆ **Saturday Night Alive** group is in need of active members, please show your support by going to your home groups business meetings; I can't but we can!! :)

Have a comment, suggestion, idea?

Please submit to:

sudburynanews@hotmail.com

HUMOUR



WARNING:

Recovery is not sexually transmitted.

